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CAPACITY BUILDING PROGRAMME ON STRESS MANAGEMENT
Date 10th April, 2023
Venue: AECS Magnolia Maaruti Public School
Host: CBSE COE Bengaluru
BY
Mrs Vanita B Chougala,
Principal
VishwaVenkateshwara International School,
Bengaluru
Mrs Gowri Natarajan,
Principal
JSS Public School,
Bengaluru

AECS Magnolia Maaruti Public School,Bangalore
Savita Patil · April 15 · 🌐

A CBSE WORKSHOP

TOPIC: STRESS MANAGEMENT CAPACITY BUILDING PROGRAMME

On Monday, April 10, 2023, the CBSE Board's Centre of Excellence in Bengaluru organized a training program for teachers at AECS Magnolia Maaruti Public School. The session's topic was STRESS MANAGEMENT. It was led by distinguished educators Mrs. VANITA B. Choughala, Principal of Vishwa Venkateshwara School, and Ms. GOWRI NATARAJAN, Principal of JSS Public School in Banashankari, Bengaluru.

The teachers were given an overview of the several sorts of stress including positive stress

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AECS Magnolia Maaruti Public School, Bangalore

Savita Patil · May 23 ·

Capacity Building Program on *advanced life skills* was organised by CBSE, COE, Bengaluru at AECS Magnolia Maaruti Public School on 19th May 2023. The workshop was attended by the teachers and was facilitated by the expert resource persons- Ms. Manjula A, Principal Bhavan Bangalore Press School, Bangalore & Ms. Chumki Nath, Principal Airforce School Murgeshpalya, Bengaluru. The workshop focused on communication, problem-solving, & decision-making. The workshop started with a fun icebreaker activity and emphasized the importance of life skills education. The teachers were provided with various activities and strategies to teach the skills to their students effectively. The workshop was highly

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AECS Magnolia Maaruti Public School, Bangalore

Roopa Bhuvanesh H ·

August 24 at 11:27 AM · 🌐



Capacity Building Program on Happy Classroom was organised by CBSE, CoE, Bengaluru at AECS Magnolia Maaruti Public School on 19th Aug 2023. The workshop was attended by the teachers and was facilitated by the expert resource Ms. Renu Singh, Principal, Air Force School Hebbal, Bengaluru and Ms. Shubhra Jain, Principal, Jain Public School, Bengaluru.

The session was enriching for the teachers with multiple activities on happiness, pleasure and well-being. The session stressed on the fact that happy teachers can only make happy classrooms. The resource persons, Ms. Renu Singh and Ms. Shubhra Jain briefed the

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[AECS Magnolia Maaruti Public School, Arekere, Bengaluru. CBP on NEP-2020 \(7th Jan 2023\). - YouTube](https://www.youtube.com/watch?v=5TO49NLNltE)

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https://www.youtube.com/watch?v=5TO49NLNltE

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AECS Magnolia Maaruti Public School, Arekere, Bengaluru. CBP on NEP-2020 (7th Jan 2023).



In-house training sessions taken by Principal / Academic Coordinators / Subject Teachers





केन्द्रीय माध्यमिक शिक्षा बोर्ड
CENTRAL BOARD OF SECONDARY EDUCATION

ई-प्रमाणपत्र / E-Certificate

This is to certify that Dr Seema Goel

participated in the **Five Day Online Training on Pedagogical Leadership** in two phases with following details.

Phase I (3 Days) From 8/9/2021 to 8/11/2021

Phase II (2 Days) From 2/22/2022 to 2/23/2022

This online training was organised by the Centre of Excellence Bengaluru

Washy

n-Charge

Centre of Excellence, CBSE

Biswajit Saha

Dr. Biswajit Saha

Director (Skill Education and Training), CBSE

HUBs Schools - Subject Teachers Meeting



AECS MAGNOLIA MAARUTI PUBLIC SCHOOL
#6797, AREKERE, B.G. ROAD, BANGALORE-560075

Minutes of Meeting
HUB ID : KKL182 - HOL Subject Teachers Meeting 2022-23
Date: 30/07/2022, Saturday
Time: 09:30 AM - 11:00 AM
Media: Microsoft Teams Platform
Attendees:

LAECS MAGNOLIA MAARUTI PUBLIC SCHOOL
AREKERE BANGALORE (Affiliation Number: 830230)
Vice Principal - Ms. Vijayashree
Coordinator - Ms. C. Shenbaga Sridevi
English faculty - Ms. Pragyan Das, Ms. Veera M
Hindi faculty - Ms. Jyoti Singh, Ms. Priyanka Singh
Kannada faculty - Ms. Ananda H
Math faculty - Mr. Ash Kumar, Mr. Sunil Kumar, Ms. Alshwarya
Science faculty - Ms. Shrawani Sengupta, Ms. Rasmi Jagadgar,
Ms. Minallia Chatterjee, Mr. Kotresh
Social science faculty - Ms. Paromita Sharma, Ms. Nisha Baidan,
Ms. Gauri Baidan, Ms. Pujal Pramanik

II. CHRIST ACADEMY SCHOOL
SAKKALWARA BANGALORE KK (Affiliation no: 830576)
English faculty - Ms. Carmel Ranjitha
Hindi faculty - Ms. Sandhya, Ms. Meeta, Ms. Vandana
Kannada faculty - Mr. Ravindra
Math faculty - Ms. Siji, Ms. Sreeja
Science faculty - Ms. Syama, Ms. Nagarathna, Ms. Divya
Social science faculty - Ms. Maaryam Leena, Ms. Sujatha, Ms. Roli

III. MARUTHI VIDYA MANDIR HSC SCHOOL
DEVANAHALLI BLR KK (Affiliation no: 830796)
English faculty - Ms. Abha Priya
Hindi faculty - Mr. Mohan Naik
Kannada faculty - Ms. Sowbhagya
Math faculty - Ms. Shashidhar
Science faculty - Ms. Fathima
Social science faculty - Ms. Swapna

Meeting Points

I. Subject - English

1. The teachers discussed the update about the deleted chapters.
2. Teachers of AECS shared the Art this academic year. Some sample Ms. Ranjitha (Christ Academy) or grammar topics by making
3. The teachers also discussed the weightage of marks. Ms. Ran split up of marks for different the question paper. It was o guidelines given in the Cur ascertained only after we

II. Subject - Language II (Hindi)

1. The teachers discussed Curriculum of 2022-23.
2. The teachers also discussed
3. Section wise weightage meeting.
4. Various activities con shared.

III. Subject - Mathematics

1. The teachers discussed Curriculum of 2022-23.
2. The teachers also discussed
3. The different con multiple assess to lab work were

IV. Subject - Science

1. The teachers discussed the updated syllabus according to the Curriculum of 2022-23.
2. The teachers also discussed the deleted portions from each chapter conducted by them and how they integrated various subjects in these activities and also how some of these activities were planned based on our pairing state Uttarakhand
4. Some samples of students' works were exhibited during the meeting by the teachers of AECS MMPS
5. The teachers discussed the revised question paper pattern according to the updated Curriculum 2022-23 and CBSE Circular - ACAD-57/2022 dated 20.05.2022
6. Based on the above point the distribution of marks for an 80 - mark paper was discussed as follows:
 - a) Objective type questions - 20% = 16 Marks
 - b) MCQ Type questions - 20% = 16 Marks
 - c) Case based + Source based - 20% = 16 Marks
 - d) Short and long answer questions - 40% = 32 Marks

V. Subject - Social science

1. The teachers discussed the updated syllabus according to the Curriculum of 2022-23
2. The teachers of AECS discussed about the Art Integration activities done by them

4. Some samples of students' works were exhibited during the meeting by the teachers of AECS MMPS

5. The teachers discussed the revised question paper pattern according to the CBSE Circular - ACAD-57/2022 dated 20.05.2022

Signature: _____
Date: 30/07/2022
Place: Bangalore

Signature: _____
Date: 30/07/2022
Place: Bangalore

