



SUMMERHILL INTERNATIONAL SCHOOL

Canal Road, Dehradun

THROUGH HUMANITY TO PEACE

+ INDIAN RED CROSS SOCIETY +
DISTRICT BRANCH DEHRADUN

“ You do not need to be a doctor to save a life.”

A training program on First-Aid was organized at SUMMERHILL INTERNATIONAL SCHOOL on Saturday, 30 April 2022.

The Chairman of the Youth Red CROSS Society, Mr.Anil Verma conducted this training workshop along with Ms.Rupali(Supervisor).

The Director, Ms.Promila Kaul, introduce them and highlighted the value of such a training program for the staff.

The workshop started with Mr.Anil Verma speaking about the Red Cross Society and the invaluable contribution to society in time of emergencies as well as in peace.This was followed by explanations, activities and demonstration on how we can use different methods and strategies to rescue people in time of emergencies like fire, flood, earthquake and drowning .

A detailed explanation on the kind of first aid that could be given in the case of electric shocks, burns, fractures, snake bites, sprains, dislocations, eye injuries, and many other emergencies that can occur in our day to day life was explained by Mr.Anil Verma. He also gave some tips to all the participants about some home remedies which can be very helpful during emergencies.

Mr.Anil Verma, along with our staff demonstrated many helpful techniques that can be used during an emergency. He also gave a demo on CPR and how to save a life during that situation.

We were told that the foremost aim of First-Aid is to save a life. The second is to prevent the person's condition from worsening. The third aim is to help in the person's recovery.

This workshop went on for about three hours. At the end of the training , each participant felt better equipped to help people from any accident or sudden injury.

Ms.Swati Saini(H.M), Ms. Fabiha(School Adm.), along with all the staff members Ms.Asha, Ms. Rupa, Ms.Jyoti, Ms.Vedika, Ms.Madhu, Ms.Archana, Ms. Kavya, Mr. Michael, and all ground staff attended the session.

“The sole meaning of life is to serve humanity”

(SUMMERHILL INTERNATIONAL SCHOOL)

