

Q9 Intramural, Co-Curricular and Extracurricular Activities

Work Education:

Work Education is a powerful means of restoring respect and dignity to all types of manual work, accelerating the process of economic development in the country through a well structured and graded programme as part of curriculum. Students are given exposure-right from cleaning their lockers, to gardening & educating adults.

Students of classes VI to X try their hands on 12 different skills like Tie and dye & gift wrapping, paper bag making, travel plans with railway and airways booking etc.

Learning through Life Skills and Social Clubs

Clubs provide opportunities to the students to hone their talent and give expression to their passion. Nurturing this ethos, the school offers a choice of clubs to the students. The school has been consistently grooming students in various clubs pertaining to Sports, Performing Arts and Life skills. Other than these weekly clubs, the students are given exposure in spheres that hone their soft skills and sensitize them to be better citizens of tomorrow. These students of Interact Club, Ecology Club, Debating & Journalism Club, Health & Wellness Club and Entrepreneurship Club have been working relentlessly. Students are sensitized to work for the needy and less fortunate. Regular visits to old age homes & orphanages make the students count their blessings. Various donation drives are conducted on a regular basis. Students work to ensure that the school stays as a zero waste school.

Performing Arts:

Regular pursuit of visual & Performing Arts develops aesthetic sense in children.

Students are exposed to a repertoire of music ranging from Indian folk, devotional, patriotic to classical songs. They learn about different singers and their genre.

Students are introduced to many musical instruments like Tabla, Harmonium, Xylophone, Synthesiser, Guitar, Drums, Bongo, Congo, Dholak, Maracas, etc. Effort is made to expose the student to a diverse range of instruments which helps to discover their natural affinity to instruments. Students also use and learn various instruments which are local to our country.

Students are exposed to the works of legendary artists like Jamini Roy, Frida Khalo, Subodh Gupta etc. They not only study their art form but also create art pieces. Students also learn various art forms like Madhubani, Mandala Art, Gond, Warli etc.

Introduction to various creative dance movements develops flexibility and coordination of hand and leg movements. Students are exposed to classical, western and folk dance forms.

SPIC MACAY (Society for Promotion of Indian Classical Music and Culture amongst Youth) - To promote intangible aspects of Indian cultural heritage by promoting Indian classical music and dance, the school organizes various cultural programmes by eminent dancers and musicians under the ageis of SPIC MACAY.

Games & Sports play a vital role in the physical growth and overall development of the students, the school has been thoroughly active in grooming students. Early Age Sports Programme for students of classes Nursery to I, regular Yoga and Tennis classes along with other sports like Football, Basketball, Badminton, have been keeping our students active and robust.

The evening sports academies after the school hours, further give students a platform to practice and excel in sports like Lawn Tennis, Cricket, Basketball, Badminton, Skating, Table Tennis, Football & Volleyball engaging students in friendly matches with students of neighbouring schools.

A number of inter-school sports meets are also organized in the school from time to time.

Our students participate in a number of sports events and competitions organized at various district, state and national levels.

A number of inter school events are conducted in the school in the Pre-Primary, Primary, Middle and the Senior departments separately whereby the presentation from reputed schools of Noida, Greater Noida and Ghaziabad is observed. Such celebrations further empower our students to be confident and learn beyond the books. Annual Functions of the school are further divided as per classes.

- **Work Education Activities for the session 2023-24**

S. No	Activity	Class	Date
1	Making a Book Cover	VI	April
2	Scrapbook on Traffic Symbols	IX	April
3	Making of First Aid Kit	X	April
4	Preparation of Basket using waste paper	VII	May
5	Jago Grahak Jago	VIII	May
6	Making of a Notepad	IX	July
7	Making of Paper Bags	X	July
8	Making of a Rakhi	XI & XII	July
9	Gift Wrapping	VI	August
10	Fixing a Fuse	VIII	August
11	To make Flowers & Flowers Vase from newspaper & chart papers	VII	December
12	Best out of Waste (Making Pen Stand and Stationary Holders)	VI	December

- Clubs - <https://pragyanschool.com/uploads/188ec38f6b16fd0b26327f14cbd296d6.pdf>

- Performing Arts





- **SPIC MACAY**



- **Games & Sports**

<https://pragyanschool.com/uploads/1eb47ae6eaf830aee87289bcfff24566.pdf>

- **Events & Celebrations**

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